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Regional Express to start Sydney-Newcastle flights on Oct 30

In a boon for many regional NSW business travellers, Rex will begin flights between Sydney and Newcastle from the end of October.

The airline (full name Regional Express) will fly the 45-minute route three times daily during the week, with two daily returns on the weekend.

The Sydney-Newcastle flights are well-timed for business travellers: weekday departures from Sydney are at 0715, 1415 and 1700, with flights from Newcastle departing at 0820, 1150 and 1810.

Here's the full timetable:

SYDNEY - NEWCASTLE									
FLIGHT NO.	DEPARTURE	ARRIVAL	M	T	W	T	F	S	S
ZL422	7.00 am	7.45 am						●	
ZL362	7.15 am	8.00 am	●	●	●	●	●		
ZL436	2.15 pm	3.00 pm	●	●	●	●	●		●
ZL382	5.00 pm	5.45 pm	●	●	●	●	●	●	●

NEWCASTLE - SYDNEY									
FLIGHT NO.	DEPARTURE	ARRIVAL	M	T	W	T	F	S	S
ZL363	8.20 am	9.05 am	●	●	●	●	●		
ZL421	8.45 am	9.30 am						●	
ZL423	11.50 am	12.35 pm	●	●	●	●	●		
ZL439	4.40 pm	5.25 pm							●
ZL383	6.10 pm	6.55 pm	●	●	●	●	●	●	●

Rex will use its fleet of Saab 340 planes on the route, which seat between 33 and 36 passengers. The single cabin is laid out in a 1-2 configuration, so if you're travelling alone you'll want to aim for the seats on the left hand side of the plane.

Competitor Aeropelican offers [five daily returns](#) between Sydney and Newcastle, and lets you earn Qantas Frequent Flyer points -- [all 88 of them each way](#).

Rex will also run daily return flights between Newcastle and Ballina/Byron Bay.